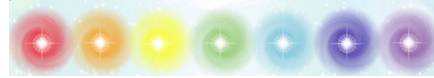


Holistic Solutions To Common Interview Problems



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Problem

Fixed or negative mindset

Underexpressive or overexpressive body language

Lack of genuine connection and engaging energy

How It Shows Up

Decreased confidence, increased doubts
Thoughts start taking a downward turn:
"I am not good enough for this opportunity."
"What if I am wasting my time going for this?"

Hand gestures, facial expressions, eye contact, posture, fidgeting, or other nonverbal expressions DO NOT align with message of value

Leaves a positive, professional impression, but NOT A MEMORABLE ONE that could have set interviewee apart from the competition

Links To Solutions

Audio: [22 Mindset Mantras For Your Best Interview Ever](#)

Printable: [Get Unstuck: How To Shift Out Of A Career Rut](#)

Infographic: [7 Questions To Help Calm Your Nerves Before An Interview](#)

Video: [3 Ways To Boost Your Body Language](#)

Guided Meditation: [How To Align With Your Highest Energy Before Any Interview](#)

Demonstration: [8 Steps For a Powerful Pre-Interview Ritual](#)